



WORSHIP

REMEMBER | WONDER | ADORE

FOCUS ON GOD

TABLE CONVERSATIONS

Questions to Discuss With Your Family or Group

Spend some time talking about worship with the children in your life! Ask each question (you may want to do one each day, or set aside some extended time to cover all of them), and give the kids some time to consider and answer before you jump in with any suggested answers. Follow their lead, and let them wonder and imagine.

What is worship?

Worship is giving honor and worth to God through our whole-hearted devotion and praise. When we worship God, we remember what He has done and who He is, through the story of Scripture and the experience of our lives and the life of the church.

- What does it mean to give honor and worth to something? How do you treat things that are worth a lot to you?
- What does whole-hearted devotion look like? What are you wholly devoted to? What would it look like for you to have that kind of devotion toward God?
- What things do you remember that God has done for you, your family, or your church? What Bible stories can you think of that show who God is and what he has done? What do you want to say to God about these things?

How do we practice worship?

We often think of “worship” as what we do at church. Sometimes we narrow it down to just singing. But worship is far more than that.

Everything we do at church is worship—gathering with God’s people, praying, hearing God’s word, responding in many different ways, praising, drawing or coloring—if we’re doing it with a focus and devotion toward God, it’s worship!

- What does your worship at church look like? Do you do any of the things mentioned above? What is your favorite way to worship at church?

Worship is not just what we do at church, we can worship every day. Worship is the practice of learning to love God with all your heart, mind, soul, and strength (Deuteronomy 6:5).

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Everything we do can be worship if it is done with a focus and devotion toward God, including your school work, playing, creating something, eating, or talking with friends or family. Spiritual practices help us “practice” focusing on God.

- Have you ever had to practice something in order to do it well? What was it? An instrument or a sport? What did you think of practicing? Did it help you get better?
- What do you think of the idea of “practicing” worship? What do you think that looks like?
- What are some ways you worship throughout the week? What are some ways you’d like to try practicing worship?

Search for “Theological Nugget” on our website for more thoughts about what worship is and how we practice it. Look through the rest of our website for different ways to practice worship!



Tips for Table Conversations



**Theological Nugget:
What Is Worship?**